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Assessment of COVID-19 risk and prevention effectiveness among spectators of mass gathering events

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ABSTRACT

There is a need to evaluate and minimize the risk of novel coronavirus infections at mass gathering events, such as sports. In particular, to consider how to hold mass gathering events, it is important to clarify how the local infection prevalence, the number of spectators, the capacity proportion, and the implementation of preventions affect the infection risk. In this study, we used an environmental exposure model to analyze the relationship between infection risk and infection prevalence, the number of spectators, and the capacity proportion at mass gathering events in football and baseball games. In addition to assessing risk reduction through the implementation of various preventive measures, we assessed how face-mask-wearing proportion affects infection risk. Furthermore, the model was applied to estimate the number of infectors who entered the stadium and the number of newly infected individuals, and to compare them with actual reported cases. The model analysis revealed an 86-95% reduction in the infection risk due to the implementation of face-mask wearing and hand washing. Under conditions in which vaccine effectiveness was 20% and 80%, the risk reduction rates of infection among vaccinated spectators were 36% and 96%, respectively. Among the individual measures, face-mask wearing was particularly effective, and the infection risk increased as the face-mask-wearing proportion decreased. A linear relationship was observed between infection risk at mass gathering events and the infection prevalence. Furthermore, the number of newly infected individuals was also dependent on the number of spectators and the capacity proportion independent of the infection prevalence, confirming the importance of considering spectator capacity in infection risk management. These results highlight that it is beneficial for organisers to ensure prevention compliance and to mitigate or limit the number of spectators according to the prevalence of local infection. Both the estimated and reported numbers of newly infected individuals after the events were small, below 10 per 3-4 million spectators, despite a small gap between these numbers.

1. Introduction

Since the global pandemic of corona virus disease 2019 (COVID-19), various measures have been taken, ranging from those related to

individual behavioural changes, such as physical distance and face-mask wearing, to community-wide measures, such as lockdowns (Agarwal and Sunitha, 2020; Jüni et al., 2020). Mass gathering events were considered to be a factor in the spread of the disease (Koizumi et al., 2020; Piovani

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et al., 2021; Stange et al., 2021), forcing cancelation, postponement, or behind-closed-doors games of various sporting events. Restrictions on mass gathering events have been identified as an important contributor to the suppression of infection incidence, because stricter restrictions on the number of spectators at mass gathering events could likely reduce the number of potential new infections compared to no countermeasure (Koh et al., 2020). Since then, along with the implementation of infection preventive measures, a variety of sporting events have been held with gradually fluctuating capacity proportions (i.e., attendance rates). For example, the Australian Open tennis tournament in February 2021 was held with about 50% spectators of the stadium's capacity for the last four days of the events. During the 2020 season (February 2020-January 2021) in Japan, the total number of spectators was 4,823,578 in professional baseball games (Nippon Professional Baseball Organization, 2021) and 3,615,066 in professional football games (J.League, 2021), but there were no reports of new cases of infection among spectators who attended the game. The United Kingdom, Spain, and other countries have been conducting empirical studies on mass gathering events since December 2020 (Revollo et al., 2021; The United Kingdom Government, 2021).

By contrary, the risk of COVID-19 infection among spectators at mass gathering events remains unclear. Although there have been reports on estimates of the probability of infected individuals entering among spectators (Chande et al., 2020; Furuse, 2021) and tools for risk assessment and mitigation of mass gathering events (Callaway et al., 2021), limited studies are available on infection risk caused by mass gathering events. Murakami et al. (2021a) recently developed an environmental exposure model for infection risk at mass gathering events and applied it to an assessment of infection risk among spectators and the reduction effect of preventions at the opening ceremony of the Tokyo 2020 Olympic Games. However, how the infection prevalence among entering spectators, the number of spectators, the capacity proportion, and the implementation of preventive measures affect the infection risk has not been unravelled. Clarifying the relationship between infection risk and these factors is important for future discussions on the regulation and mitigation of the number of spectators and infection prevention compliance at mass gathering events.

In this study, we applied the environmental exposure model to simulate actual baseball and football game conditions for the assessment of infection risk among spectators by varying the infection prevalence among spectators, the number of spectators, and the capacity proportion. We also evaluated the reduction effect of preventive measures by comparing the infection risk with and without preventions. Furthermore, we clarified the relationship between infection risk and the proportion of face-mask wearing. Lastly, we applied the model and the local infection prevalence to estimate the total number of infectors who entered the stadium and the total expected number of newly infected individuals in the 2020 season, and to compare them with the actual reported cases.

2. Methods

2.1. Model

In this study, we used the environmental exposure model (Murakami et al., 2021a) with small modifications. Briefly, the model simulates the infection risk from four pathways: direct exposure through droplet sprays, direct exposure from inhalation of inspirable particles, hand-to-face contact exposure contaminating mucous surfaces, and inhalation of respirable particles via air (Nicas and Jones, 2009). It allows for the effectiveness of preventions in reducing the risk of infection by assessing the exposure by pathways. Given the probability of asymptomatic infectors of COVID-19 among spectators entering a stadium (i.e., infection prevalence, P_0), we calculated the viruses released by infectors during coughing, talking, and sneezing, as well as their environmental behaviour, inactivation, and surface transfer. Parameters

included frequency of coughing, talking, and sneezing, saliva volume (Chen and Liao, 2010; Sumino et al., 2010; Yousaf et al., 2013; Zhang and Li, 2018), virus concentration in saliva (arithmetic mean of 2.6 \times 10^7 copies/mL, standard deviation: 4.1×10^7 copies/mL), viral viability ratio (Covés-Datson et al., 2020; Kim et al., 2020; To et al., 2020), environmental inactivation rate (van Doremalen et al., 2020), air exchange rate, breath volume rate (Nicas and Sun, 2006), distance between the persons, frequency of contacts to the facial surface (Kwok et al., 2015), surface transfer coefficient (Nicas and Jones, 2009), and dose-response model (Watanabe et al., 2010). There were five categories of spectators: (1) those who accompanied the infectors, (2) those who sat in front of the infectors in the stand, (3) those who used the restroom after the infectors used it, (4) those who ordered after the infectors ordered at the concessions, and (5) others. We assumed that all non-infectors were susceptible to the viruses except conditions in which vaccination was considered. The stadium was divided into two locations: the stands and the rest of the stadium (i.e., concourses, concessions, and restrooms).

There were five modifications to the previous model (Murakami et al., 2021a). First, in the previous model, we assumed that people spent 15 min to enter the stadium, 15 min to use the restroom, 15 min to order at the concessions, 4 h in the stands, and 15 min to leave the stadium. However, in this study, since we simulated a football or baseball game, we assumed that people spent 1 h in the football or baseball stands before the game, 2 h in the football game, and 3 h and 10 min in the baseball game (i.e., the total time spent in the stands was changed to 3 h for the football game and 4 h and 10 min for the baseball game). Second, the number of accompanies with the infector was set at a 50% probability of two, a 35% probability of one, and a 15% probability of zero (i. e., the infector alone) based on realistic numbers of accompaniers (Hata and Onozato, 2006; J.League, 2020). The direction of talking/coughing/sneezing in the stands during the game was set at 70% for forward direction and 15% towards each neighbour on the right and left of the infector. The probability of an infector talking towards an accompanier in the stands was set at 0.3 per minute before and 0.2 per minute during the game for the no-prevention scenarios, and at 0.15 per minute before and 0.1 per minute during the game under the condition of the presence of preventive measures. The probabilities of coughing (0.013 per minute), sneezing (0.0057 per minute), and talking outside the stands (the infectors did not talk in the restrooms or while waiting at concessions, except for only for 1 min when they placed an order at the concessions) were the same as those used in the previous model.

Third, the following seven preventive measures were assumed in the previous model: (a) physical distance during entry and exit, (b) decontamination of environmental surfaces, (c) stadium air ventilation, (d) partitioning between spectator seats, (e) face masks use, (f) hand washing, and (g) wearing hats or other headwear. However, we assumed that the partitioning of the spectators in the stands was not used, and face masks were to be worn even in the stands instead. In Condition A (see below for details), these six measures were considered, while in Condition B, only face masks and hand washing were considered. Studies have suggested that wearing a certain type of surgical face mask can eliminate droplet transmission by more than 95% (Fischer et al., 2020; Johnson et al., 2009), and wearing non-woven face masks can reduce airborne transmission by nearly 70% (Ueki et al., 2020). In the current study, following the premises made by Murakami et al. (2021), we assumed that wearing face masks could reduce the emission of viruses in larger particles by 95%, and the removal of viruses in small particles was not expected. However, based on a recent finding that wearing face masks is also highly effective in reducing 70% of small particles emitted by infectors, the results of the sensitivity analysis are shown in the Supplementary (Fig. S1(c)). Wearing masks also reduce the frequency of facial mucosal membrane touches by 67% (Kwok et al.,

Fourth, the parameters of P_0 , stadium capacity (i.e., the maximum number of spectators), capacity proportion (i.e., the ratio of the number

of spectators to the stadium capacity), and face-mask-wearing proportion were varied as experimental conditions in this study. The distance between the infector and the accompanier in the stands was set to a value corresponding to the capacity proportion. Specifically, the distance was 0.5 m at a capacity proportion of 100%, 1 m at 50%, and 1.5 m at 33% or lower. When the capacity proportion was between 50% and 100%, it was either 0.5 m or 1 m, depending on the capacity proportion; when the capacity proportion was between 33% and 50%, it was either 1 m or 1.5 m. Similarly, the distance between the infector and the person sitting in front of the infector in the stands was also set to a value, depending on the capacity proportion. When the capacity proportion was 100%, the distance was set to 0.5 m. The distance was set to 1 m at a capacity proportion of less than 50%. When the capacity proportion was between 50% and 100%, the value was either 0.5 m or 1 m, depending on the capacity proportion.

Fifth, we considered vaccine effectiveness (VE) in reducing the risk of infection among spectators during participation in mass gathering events. For vaccination, the vaccination coverage was set at 100%, and VE was set at 20%, 50%, or 80%, because VE depends on the type of vaccine, the number of doses, the number of days since vaccination, and the type of mutant strain (UK Health Security Agency, 2022). The P_0 was also set in consideration of the onset prevention effect of the vaccine. The details of the method are described elsewhere (Murakami et al., 2022).

2.2. Conditions

In this study, we first evaluated the effectiveness of individual or combined preventive measures, described as Condition A. Under the conditions of a football game, $P_0 = 10^{-3}$, stadium capacity = 40,000 persons, and capacity proportion = 50% (20,000 spectators), eight conditions were analyzed: no preventions, six individual measures, and all combined measures. Assuming that infectors remain infective for an average of 9.3 days (He et al., 2020b), that the ratio of asymptomatic infected individuals to the number of all infected individuals is 46% (He et al., 2020a), and that symptomatic individuals experience 2.3 days of infectivity before symptom onset (He et al., 2020b), $P_0 = 10^{-3}$ represented 1800 newly infected individuals, including both asymptomatic and symptomatic cases per day (12,700 per week) in the population of 10 million people. The risk of infection with all the six preventive measures implemented was also analyzed by varying the face-mask-wearing proportion. The face-mask-wearing proportion was 0%, 10%, 20%, 30%, 40%, 50%, 60%, 70%, 80%, 90%, and 100% (the condition of 100% face-mask-wearing proportion was the same as that with all measures described above). Infectors were assumed to be wearing face masks according to these probabilities. In this case, all measures other than face masks were considered to be implemented. It should be noted that the average percentage of spectators wearing face masks in football games has been observed to be over 90% (Murakami et al., 2021b).

Next, as Condition B, we examined the infection risk depending on P_0 , the stadium capacity, the capacity proportion, and the presence or absence of preventions. There were six conditions for P_0 (10^{-6} , 10^{-5} , 2×10^{-5} , 10^{-4} , 2×10^{-4} , 10^{-3}), five conditions for the stadium capacity (5000, 10,000, 20,000, 40,000, and 80,000 persons), four conditions for the capacity proportion (25%, 50%, 75%, and 100%), two conditions for preventions (presence and absence of measures), and two sports (football and baseball games). As preventive measures, a combination of face mask wearing and hand washing was considered. We analyzed a total of 480 conditions (6 \times 5 \times 4 \times 2 \times 2). Monte Carlo simulations were performed 10,000 times per condition to calculate the expected infection risk per spectator other than infectors and the expected number of newly infected individuals.

A log-normal generalised linear model (GLM) (i.e., a GLM with a normal distribution and log-link function) was developed to examine if the expected number of newly infected individuals at Condition B with preventive measures (Num_{inf}) could be reasonably predicted by three explanatory variables: P_0 , the number of speculators ($Num_speculators$), and the capacity proportion (Percent). Also, developing such the simple regression model would be helpful for decision-makers (e.g., governments, sports organizations) who set limits on the number of spectators to easily obtain the approximate estimates. Log10-transformed values of P_0 and $Num_speculators$ were used in this modeling. The model formula was as follows:

 $Num_{inf} = \exp(a + b_1 \times \log_{10} P_0 + b_2 \times \log_{10} Num_spectators + b_3 \times Percent)$

where a_I is the intercept, b_{I-3} are the partial regression coefficients for the explanatory variables.

Using maximum likelihood estimation, we developed two regression models separately for football and baseball games. To compare the relative importance among the explanatory variables, we re-estimated the partial regression coefficients by using those variables standardised. We did not calculate so-called "standardised partial regression coefficients" because the standardization of the objective variable was not applicable in the GLM estimation. The GLM estimation was performed by using the "glm" function in the "stats" package of R version 4.0.5 (R Development Core Team, 2021).

We then estimated the total expected number of newly infected individuals during 2020 seasons after August 2020 (J. League professional football: 878 games until January 4, 2021, with a total of 2,935,947 spectators; professional baseball: 512 games until November 25, 2020, with a total of 4,439,258 spectators) by applying P_0 , the number of spectators, and the capacity proportion at each game. Based on the cumulative number of confirmed cases per week, including the game day in the prefecture where the game was held (Ministry of Health Labour and Welfare, 2021), P_0 was calculated by assuming that $P_0 = 10^{-3}$ corresponded to 1800 new infection cases/day (12,700 infection cases/week) in the population of 10 million people. Since the number of cases confirmed by testing may be less than the actual number of newly infected individuals, the calculated P_0 was likely to be smaller than the actual value.

Monte Carlo simulation and multiple regression analysis were performed using R (R Development Core Team, 2021).

2.3. Cautions for interpretations and uncertainties

The interpretation of the results of this study requires some cautions. First, it was assumed that there were no antibody carriers except conditions in which vaccination was considered. If half of the audience had antibodies, the risk of infection would be halved. Therefore, an increase in the number of antibody carriers would contribute to a reduction in the risk of infection in the stadium. Second, because we aimed to estimate the risk of infection in football and baseball games during the 2020 season, the increased risk of infection due to mutant strains was not taken into account. One possible way to estimate the risk associated with mutant strains is to change the virus concentration in saliva. When the virus concentration in saliva was changed to 10 and 100 times, the risk of infection was 3.1 and 12 times, respectively, without preventions, and 6.9 and 24 times, respectively, with preventions (Condition B) under the conditions of $P_0 = 10^{-3}$, the stadium capacity = 40,000, and the capacity proportion = 50% (Fig. S1). Third, this simulation results showed the arithmetic mean of the Monte Carlo simulations in the set scenarios. Scenarios that were not set up (e.g., eating and drinking unmasked in a concourse or talking in a group) were out of the risk assessment. Similarly, the study identified the risk of infection inside the stadium, and did not cover the risk of infection outside the stadium, which may occur due to movement or concentration of people.

This study had some uncertainties, the details of which has been described in the previous study (Murakami et al., 2021a). In brief, the parameters used in this study are those that are valid for current knowledge, but there are certain uncertainties. Specifically, since the

viral viability ratio of SARS-CoV-2 in human saliva was unknown, we used the value for a ferret (Kim et al., 2020). Similarly, we used a dose-response model developed for SARS-CoV using mice (the exponential model with k of 4.1×10^2) (Watanabe et al., 2010). Although Zhang and Wang (2021) recently developed the dose-response model for SARS-CoV-2 by assuming different contribution levels of airborne particles to the total dose, as discussed in their paper, the estimated k value (530 at airborne particle contribution of 0.5) was close to that (k = 410)from Watanabe et al. (2010) (see Zhang and Wang, 2021) for more details). Watanabe et al. (2010) developed a dose-response equation based on actual measured infection rates over a wide dose range, whereas Zhang and Wang (2021) designed the model based on multiple assumptions and estimates. Therefore, in this study, we used the values of Watanabe et al. (2010) because they were explicit regarding the observation of data and extrapolation of the model. Furthermore, we did not take into account the difference in saliva volume depending on the loudness of voice, the virus inactivation in fingers and hair, or the removal of viruses attached to small particles by face masks.

3. Results

3.1. Preventive measure effectiveness

In condition A at a football game ($P_0=10^{-3}$, stadium capacity = 40,000, capacity proportion = 50%), the estimated infection risk was 7.4×10^{-4} for no preventions, 4.4×10^{-4} for physical distance, 5.6×10^{-4} for decontamination of environmental surfaces, 6.5×10^{-4} for ventilation, 5.5×10^{-5} for face masks, 6.5×10^{-4} for hand washing, 6.5×10^{-4} for headwear, and 2.2×10^{-5} for all six preventions (Fig. 1a). As a single measure, the risk-reduction effect of wearing a mask was as high as 93%. The risk reduction effect was 97% when all six preventive measures were implemented.

The infection risk increased as the face-mask-wearing proportion decreased (Fig. 1b). The infection risk was 2.5×10^{-4} when the face-mask-wearing proportion was 0% (i.e., other measures were implemented). The infection risk at a face-mask-wearing proportion of 90%, which is close to the value in actual games (Murakami et al., 2021b), was

 10^{-2} Infection risks (overall) 10-4 10-5 10-6 Reduction 93% 13% 12% 10^{-7} Distancing No-preventions Decontamination Ventilation Face masks Hand washing Headwear six preventions 4.9×10^{-5} , which was 2.2 times higher than that at a face-mask-wearing proportion of 100%.

We then evaluated the risk reduction effect of the preventive measures at different P_0 , stadium capacities, and capacity proportions under condition B (Tables 1 and S1). Here, we show the reduction ratio of infection risk by implementing the measures of face-masking and handwashing against the infection risk without measures at the same condition regarding P_0 , stadium capacity, and capacity proportion. The reduction ratios were in the range of 86–95% for the football game condition and 90–95% for the baseball game condition, although there were some differences in P_0 , stadium capacity, and capacity proportion.

We also evaluated the risk-reduction effect of VE for Condition B (Fig. S2). Under conditions in which VE was 20% and 80%, the risk reduction rates of infection among vaccinated spectators were 36% and 96%, respectively, irrespective of the absence or presence of measures.

3.2. Relationship between infection risk and P_0 , stadium capacity, and capacity proportion

We compared the infection risk under Condition B among different P_0 (Figs. 2 and S3): stadium capacity = 40,000, capacity proportion = 50%, and the presence of measures. Under a football game condition, the infection risk at $P_0 = 10^{-6}$ was 4.8×10^{-8} , while it was 5.3×10^{-7} at $P_0 = 10^{-5}$, 5.2×10^{-6} at $P_0 = 10^{-4}$, and 5.2×10^{-5} at $P_0 = 10^{-3}$. The infection risk increased by a factor of 1100 when P_0 increased 1000 times. The similar results were obtained for the baseball game condition.

We then compared the expected number of newly infected individuals among different stadium capacities and capacity proportions at $P_0=10^{-3}$ and presence of measures (Figs. 3 and S4). Under the stadium capacity = 80,000 persons and a football game condition, the expected number of newly infected individuals was 0.89 at the capacity proportion = 25% and increased to 7.2 by a factor of 8.0 at the capacity proportion = 100%. Similarly, the ratio of the expected number of newly infected individuals at the capacity proportion of 100% to 25% at the stadium capacity of 40,000, 20,000, 10,000, and 5000 ranged from 7.9 to 8.0. The expected number of newly infected individuals at the stadium capacity = 80,000 persons and the capacity proportion = 50%

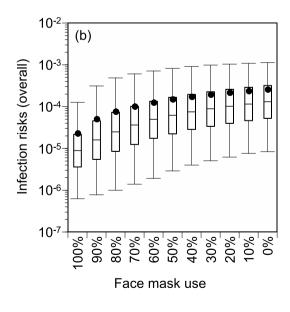


Fig. 1. Comparison of infection risk among different preventive measures (Condition A). (a) Comparison of infection risk by each individual preventive measure and all six measures, (b) relationship between face-mask-wearing proportion and infection risk. Box-and-whisker plots represent the 2.5, 25, 50, 75, and 97.5 percentiles. Closed circles represent the arithmetic mean of the simulation.

Table 1
Reduction ratio of infection risks due to preventions at different P_0 , stadium capacity, and capacity proportion. Condition B, football condition. P_0 : a crude probability of a spectator being an infector.

Stadium capacity	Capacity proportion	Number of spectators	P_0					
			10^{-6}	10^{-5}	2×10^{-5}	10^{-4}	2×10^{-4}	10^{-3}
80000	100%	80000	90%	91%	91%	91%	91%	91%
	75%	60000	92%	92%	92%	92%	92%	92%
	50%	40000	93%	93%	93%	93%	93%	93%
	25%	20000	93%	93%	93%	93%	93%	93%
40000	100%	40000	90%	91%	91%	91%	91%	91%
	75%	30000	92%	92%	92%	92%	92%	92%
	50%	20000	93%	93%	93%	93%	93%	93%
	25%	10000	92%	93%	93%	93%	93%	93%
20000	100%	20000	89%	91%	91%	91%	91%	91%
	75%	15000	91%	92%	92%	92%	92%	92%
	50%	10000	91%	93%	93%	93%	93%	93%
	25%	5000	92%	94%	93%	93%	93%	93%
10000	100%	10000	88%	90%	91%	91%	91%	91%
	75%	7500	90%	92%	92%	92%	92%	92%
	50%	5000	91%	93%	93%	93%	93%	93%
	25%	2500	91%	93%	94%	93%	93%	93%
5000	100%	5000	86%	90%	90%	91%	91%	91%
	75%	3750	88%	92%	92%	92%	92%	92%
	50%	2500	89%	93%	93%	93%	93%	93%
	25%	1250	95%	93%	93%	93%	93%	93%

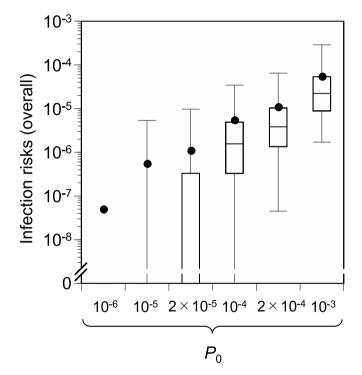


Fig. 2. Comparison of infection risk among different crude probabilities of a spectator being an infector (P_0). Stadium capacity = 40,000 persons, capacity proportion 50%, presence of preventive measures (Condition B), football condition. Box-and-whisker plots represent the 2.5, 25, 50, 75, and 97.5 percentiles. Closed circles represent the arithmetic mean of the simulation.

(40,000 spectators) was 2.1, whereas that at the stadium capacity = 40,000, and the capacity proportion = 100% (40,000 spectators) was 3.6. Similarly, when comparing the expected number of newly infected individuals under the three conditions of the same number of spectators (20,000 persons), the condition with the stadium capacity of 80,000 persons and the capacity proportion of 25% showed the lowest at 0.89, followed by 1.0 under the stadium capacity of 40,000 persons and the capacity proportion of 50%, and 1.8 under the stadium capacity of 20,000 persons and the capacity proportion of 100%. Similar results

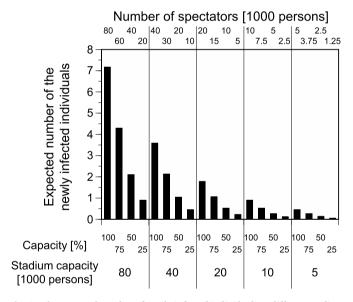


Fig. 3. The expected number of newly infected individuals at different stadium capacities and capacity proportions. Presence of preventive measures (Condition B), a crude probability of a spectator being an infector $(P_0) = 10^{-3}$, football condition.

were obtained for the same number of spectators with the different stadium capacities and the capacity proportions (i.e., 10,000 spectators: stadium capacity of the stadium capacity of 40,000 persons and the capacity proportion of 25%, 20,000 persons and 50%, and 10,000 persons and 100%; 5000 spectators: stadium capacity of the stadium capacity of 20,000 persons and the capacity proportion of 25%, 10,000 persons and 50%, and 5000 persons and 100%): the expected number of newly infected individuals slightly increased with an increase in the capacity proportion. Similar results were also confirmed in the baseball game condition.

Fig. 4 shows the relative risk of infection with the preventive measures at different P_0 and capacity proportions in comparison to the infection risk at $P_0 = 10^{-3}$, capacity proportion = 100%, and absence of measures (the stadium capacity = 80,000 persons; football game condition). There was a large reduction in the relative risk of infection due

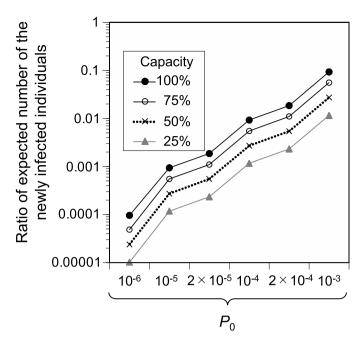


Fig. 4. Relative risk of infection with the preventions at different P_0 and capacity proportions compared to the risk of infection at $P_0=10^{-3}$, 100% capacity proportion, and no preventions. Condition B, stadium capacity = 80,000 persons, football condition. P_0 : a crude probability of a spectator being an infector.

to the implementation of the preventive measures (e.g., 0.093 relative risk of infection with the presence of the measures at $P_0 = 10^{-3}$ and capacity proportion = 100%). There was a large variation in the relative risk of infection due to different P_0 (e.g., under conditions with presence of measures and capacity proportion = 100%: 0.0093 at $P_0 = 10^{-4}$; 0.00094 at $P_0 = 10^{-5}$; 0.000096 at $P_0 = 10^{-6}$) and a decrease in relative infection risk due to a decrease in the capacity proportions (e.g., conditions at presence of measures at $P_0 = 10^{-3}$: 0.056 at capacity proportion of 75%; 0.027 at capacity proportion of 50%; 0.012 at capacity proportion of 25%). Under the presence of preventive measures, the relative risk of infection was almost similar among the three conditions: $P_0 = 10^{-3}$ and the capacity proportion = 25% (relative risk of infection: 0.012); $P_0 = 2 \times 10^{-4}$ and the capacity proportion = 75% (relative risk of infection: 0.011); and $P_0 = 10^{-4}$ and the capacity proportion = 100% (relative risk of infection: 0.0093). Similar results were confirmed for the baseball game condition (Fig. S5).

3.3. Estimation of infection risk using P_0 , number of spectators, and capacity proportion as explanatory variables

We estimated the partial regression coefficients in the multiple regression analysis with P_0 , number of spectators, and capacity proportion as explanatory variables, and the expected number of newly

Table 2Partial regression coefficients for the infection risk with the presence of preventive measures. Condition B, football condition. Objective variable is the expected number of newly infected individuals. CI: confidence interval.

	Partial regression coefficient B (95% CI)	Partial regression coefficient B' (95% CI) ^a
$log_{10} P_0$	2.310 (2.295–2.326)	2.246 (2.230–2.261)
log ₁₀ Number of spectators	2.312 (2.299–2.326)	1.119 (1.113–1.126)
Capacity proportion	0.983 (0.965–1.002)	0.276 (0.271–0.281)

^a Partial regression coefficients were estimated from z-score standardized explanatory variables.

infected individuals as the objective variable under Condition B with the presence of preventive measures (Tables 2 and S2). The regression showed that deviance explained 0.9998 (P < 0.001) for both the football game and the baseball game conditions. The expected number of newly infected individuals was significantly associated with P_0 , number of spectators, and capacity proportion. The partial regression coefficients calculated by standardizing the explanatory variables were higher for P_0 , followed by the number of spectators, and capacity proportion, for both the football and baseball conditions.

The regression equations obtained here and P_0 , number of spectators, and the capacity proportion of the actual games were used to estimate the expected number of newly infected individuals for each game (Fig. S6). Cumulatively over the periods (from August, 2020 to January 4, 2021 for football games and to November 25, 2020 for baseball games), the number of asymptomatic infectors entering the stadium and the number of newly infected individuals was estimated to be 151.9 persons (0.005%) and 6.4 persons (0.0002%), respectively, among 2,935,947 spectators at football games, and 181.0 persons (0.004%) and 9.5 persons (0.0002%), respectively, among 4,439,258 spectators at baseball games (Table S3). For football games, the arithmetic mean and maximum expected number of newly infected individuals per game were 0.0073 persons and 0.42 persons, respectively. For baseball games, arithmetic mean and maximum were 0.019 persons and 0.26 persons, respectively. No games exceeded the expected number of newly infected individuals of 1. The percentage of the estimated number of newly infected individuals per game of 0.1 or less was 99.2% for football games and 97.9% for baseball games. Both the cumulative estimated number of infectors entering the stadiums and that of newly infected individuals were higher than the reported numbers (i.e., 5 persons and 0 persons, respectively, for the football games (J.League, 2021), and 5 persons and 0 persons, respectively, for the baseball games (Nippon Professional Baseball Organization, 2021).

4. Discussion

In this study, we evaluated the effect of preventive measures, including face masks, P_0 , stadium capacity, and capacity proportion on the infection risk. We further estimated the expected number of newly infected individuals under actual game conditions. At P_0 of 10^{-6} – 10^{-3} , stadium capacity of 5000-80,000 persons, and capacity proportion in the range of 25-100%, the infection risk was reduced by 86-95% with the implementation of face-mask wearing and hand washing measures. Among the individual measures, wearing a face mask was particularly effective, and the infection risk increased as the face-mask-wearing proportion decreased. A face-mask-wearing proportion of 90%, which corresponded to actual game conditions, increased the infection risk by 2.2 times compared to the proportion of 100%. Increasing vaccination coverage in spectators provided an additional and significant risk reduction, although it depended on the value of VE. The effectiveness of single measures, excluding face masks, was limited, but this does not mean that each measure is not significant, as found in the high reduction in infection risk due to the combination of all the preventive measures. Other preventive measures effectively reduced the risk that residually remained, even after face-wearing masks.

Regarding the relationship between infection risk and P_0 , the infection risk was 1100 times higher when P_0 was 1000 times higher, confirming a roughly linear relationship. In Japan, the infection prevalence differs greatly among prefectures by about 100 to 200 times (e.g., confirmed positive cases among the population of 100 thousand people in 7 days on December 17, 2020: Tokushima Prefecture, 0.14; Tokyo, 28.45 (Ministry of Health Labour and Welfare, 2021)). Therefore, even if a game were held with the same stadium capacity and capacity proportion, the expected number of newly infected individuals could vary by 100 to 200 times, depending on the location of the game.

We examined the relationship between the infection risk and the stadium capacity or the capacity proportion, and found that the expected number of newly infected individuals increased as the capacity proportion increased when the stadium capacity was constant. Furthermore, the ratio of the expected number of newly infected individuals at 100% to 25% was 7.9-8.0, which was higher than 4. When the number of spectators (i.e., stadium capacity × capacity proportion) was the same, the infection risk was slightly increased with an increase in capacity proportion. These results imply that the risk of infection per spectator increases as the capacity proportion increases. In this study, we modeled the difference in physical distance among spectators in a stand according to the capacity proportion. The results from this study suggested that the proximity of seats by spectator seating could be one factor in the increased risk of infection. The multiple regression analysis also showed that not only by P_0 but also the number of spectators and the capacity proportion were important in predicting the expected number of newly infected individuals, highlighting the importance of considering the number of spectators and the capacity proportion in infection risk management.

It is beneficial to ensure compliance and effectiveness of preventive measures at mass gathering events because the reduction effect of measures is remarkable. When mitigating the number of spectators and the capacity proportion, it is expected that the event will be implemented in accordance with a local infection prevalence. For example, this study showed similar infection risk levels with a stadium capacity of 80,000 persons among a capacity proportion of 25% at $P_0 = 10^{-3}$, 75% at $P_0 = 10^{-3}$, and 100% at $P_0 = 10^{-3}$, 8 setting the capacity proportion according to the local infection prevalence allowed us to accept the event with the same risk level of newly infected individuals. Considering the fact that spectators' viewing patterns differ depending on the type of mass gathering event, an assessment based on an actual condition and its correspondence is required.

As shown in Table S3 and Section 3.3, the expected number of infectors entering the stadiums and the expected number of newly infected individuals estimated in this study were larger than the values actually reported. A possible reason for the former is that the identification of infectors entering the stadium for the games relies on voluntary reports from infectors. Therefore, the actual number of infectors entering the stadium may have not been fully captured. Another possibility is that the infection prevalence among the spectators entering the stadium was lower than that among the entire population, owing to differences in age structure and health attributes.

It should be noted that the results of the expected number of newly infected individuals simulated in this study might be underestimated due to the model settings regarding the face-mask-wearing proportion and P_0 . Nevertheless, we found a gap in the expected number of newly infected individuals between the estimation (6.4 persons in the football games and 9.5 persons in the baseball games) and the actual reports (0 for both games). There are four possible reasons for this observation. First, the number of infectors who actually entered the stadium was low, for the reasons mentioned earlier. Second, the risk assessed by the model in this study showed overestimation. For example, the actual risk might be lower than the infection risk assessed by the model, because vocal cheering has been prohibited in professional football and baseball games. Third, the estimated and reported values of the number of newly infected individuals were less than approximately two millionths of the number of spectators; therefore, the infection risk level was too small to accurately estimate under the presence of some uncertainties in the model. Fourth, as with the number of infectors entering stadiums described above, it is possible we missed capturing the actual newly infected individuals. Limited testing and the presence of asymptomatic individuals might also contribute to this miss.

Although empirical epidemiological studies of the number of infected individuals at mass gathering events are underway (Revollo et al., 2021; The United Kingdom Government, 2021), epidemiological estimates of infection risk are difficult to make owing to the small number of newly infected individuals. Further accumulation of empirical cases and evaluations in actual mass-gathering events is necessary to refine the

infection risk assessment. In this study, despite the aforementioned uncertainties, the combination of the model and data from actual games showed that there were few new infected individuals among approximately 3–4 million spectators. The findings of the study will be useful in decision-making regarding measures to be taken for events during infectious disease pandemics.

5. Conclusion

In this study, we analyzed the relationship between infection risk and infection prevalence, the number of spectators, vaccination, and the capacity proportion at mass gathering events in football and baseball games using an environmental exposure model. The model analysis revealed an 86–95% reduction in infection risk due to the implementation of face-mask wearing and hand washing. Under conditions in which VE was 20% and 80%, the risk reduction rates of infection among vaccinated spectators were 36% and 96%, respectively. These results highlight that it is beneficial for organisers to ensure prevention compliance and to mitigate or limit the number of spectators according to the prevalence of local infection. These results also indicate that a combination of general measures, such as mask wearing and vaccination, can significantly reduce the risk.

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Declaration of Competing Interest

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Supplementary materials

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T. Yasutaka et al.

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